



**NEWS RELEASE**

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**FOR IMMEDIATE RELEASE**

**TSX Symbol: FDT.UN**

**Fairway Diversified Income and Growth Trust Announces  
Monthly Distribution**

TORONTO (December 19, 2005) - Fairway Diversified Income and Growth Trust announces a distribution for the month ending December 31, 2005 of \$0.0583 per unit. The distribution is payable on January 12, 2006 to unitholders of record on December 30, 2005.

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